

THE OLIVE POD

- WEEK 1 -

COLD DELI PASTA POPINA MAIN

MON

JAMAICAN
PATTIES,
HOMEMADE
WEDGES & LIME
SPIKED SLAW
(CE, G, MU, SO)

MEATBALL
MARINARA
PASTA
(CE, G)

TUES

ONION BHAJI
TACOS, MANGO
CHUTNEY,
CORIANDER WITH
MASALA SAUCE
(CE*, G, MK, MU*,
SE*, SO*)

CREAMY PESTO
PASTA
(G, MK)

WED

BEEF LAHMACUN
FLATBREAD, KEBAB
SHOP SALAD &
GARLIC SAUCE
(E, G, MU)

TOMATO &
BASIL PASTA
(CE, G)

THURS

K-POP CHICKEN,
GOCHUJANG MAYO
& ASIAN SLAW
(E, G, MU, SO*, SU)

MAC & CHEESE
(G, MK)

FRI

SALT & PEPPER
CHICKEN SPICE
BAG
(G, SO)

CHEFS CHOICE

SELECTION OF SANDWICHES, BAGUETTES, WRAPS, SALAD BOXES AND PROTEIN POTS

JACKET BAR

JACKET POTATO WITH A SELECTION OF FILLINGS



THE OLIVE POD

- WEEK 2 -

MON

RASTA PASTA
WITH
CORNBREAD
(E*, G, MK)

TUES

CHICKEN JALFREZI
FLATBREAD, MINT
YOGHURT &
SALAD
(G, MK)

WED

FALAFEL WITH
LEBANESE PILAF
& TOMATO &
CUCUMBER
SALAD
(G*, SO*)

THURS

BEEF BULGOGI
NACHOS, SMACKED
CUCUMBER PICKLE
& SRIRACHA MAYO
(E, G, MU, SE, SO)

FRI

HOT WINGS &
CHIPS
(CE*, E, G, MK*,
MU, SO*)

MEATBALL
MARINARA
PASTA
(CE, G)

CREAMY PESTO
PASTA
(G, MK)

TOMATO &
BASIL PASTA
(CE, G)

MAC & CHEESE
(G, MK)

CHEFS CHOICE

SELECTION OF SANDWICHES, BAGUETTES, WRAPS, SALAD BOXES AND PROTEIN POTS

JACKET BAR

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THE OLIVE POD

- WEEK 3 -

MON

JERK CHICKEN
LOADED
FLATBREAD &
PINEAPPLE
SALSA
(G, MK, SU)

TUES

BEEF KEEMA
SLOPPY JOE
(G, MK)

WED

CHICKEN GYROS,
HOMEMADE WEDGES
& TZATZIKI
(G, MK)

THURS

BUSAN BEEF
NOODLES WITH
KIMCHI BROTH
(E, G, SO, SU)

FRI

FULLY LOADED
CHICKEN BURGER
(E, G, MK, MU,
SE*, SO)

MEATBALL
MARINARA
PASTA
(CE, G)

CREAMY PESTO
PASTA
(G, MK)

TOMATO &
BASIL PASTA
(CE, G)

MAC & CHEESE
(G, MK)

CHEFS CHOICE

SELECTION OF SANDWICHES, BAGUETTES, WRAPS, SALAD BOXES AND PROTEIN POTS

JACKET BAR

JACKET POTATO WITH A SELECTION OF FILLINGS

