



Year 11 Emotional-Based School Avoidance Programme 2023-24

Parent Briefing

Overview:

ViewPoint has been established as a proactive approach and nurturing programme to support young people in West Kent schools who have emotional-based school avoidance. ViewPoint is a satellite provision of the successful Hillview School for Girls and runs alongside The View@ East Street, which is our Post 16 provision that offers a Level 1 Work Related Learning programme as well as the Level 2 academic and vocational programme.

ViewPoint is a **FULL-time programme for year 11 students** who have extreme anxiety and emotional based school avoidance. And with whom in-school strategies have not had the success they would have hoped for.

Students:

By removing barriers to learning, ViewPoint can support the following students who:

- are diagnosed ASC/ADHD or on the pathway
- find school overwhelming, including the large environment or day to day school life
- have social anxiety in large groups of peers
- have gaps in attendance due to medical needs or anxiety in general
- work best in a quieter and smaller learning environment
- enjoy working independently at times
- struggle to form a relationship with key members of staff
- have an EHCP (if after discussion, it is felt their needs can be met)

Students who attend ViewPoint are ambitious and want to learn, but feel they have missed too much learning, due to a combination of the above barriers which impact their SEMH and engagement in learning.

Aim:

Our aim is to continue to support schools and help students to re-engage with their learning in a gradual and supportive way. Our small-scale, calm environment offers a personalized approach to each student to encourage the development of their emotional well-being, confidence and independent learning strategies to enable them to re-engage in learning initially and prepare them to engage more readily to learn.

Approach:

Our approach is to help students manage their school-related fears along with helping to identify and address underlying issues. We ensure the student and family and key staff within schools are kept abreast of any developments. We create a personalized programme and tailor our approach to each students' needs. We gather information, plan, implement strategies and review progress to provide best methods of support.

By utilizing a range of strategies, staff will help students in managing and regulating their emotions and assist in reducing anxiety in academic and social situations, ultimately leading to improved attendance, emotional wellbeing and academic

success. We use a range of diagnostic tools to support strategy development including an adaptation of Mental Health Functioning in Education, Spense Questionnaire, student voice and Emotional Literacy Support Intervention (ELSA) toolkit.

Impact:

The impact of many students involved in our programme has been transformational. This includes returning to education after long periods of absence, staying in education, completing external qualifications, improved wellbeing and emotional health both at school and home, reduced anxiety and confirmed destinations for Post 16.

General Provision:

- Based in an offsite provision in an old Georgian House
- Monday to Friday excluding Wednesday in the Centre, 9.50am-2.15pm
- Wednesday working from home or rest and refocus day
- Ratio of staff to students 1: 7 or 1: 10 in two classes
- Structured Sessions will start at 10am and finish at 2.15pm with a 30-minute break for lunch.
- Uniform will be black, grey and white – comfortable and appropriate to a working environment
- Students will need to provide a packed lunch and bring their own refreshments
- Collaborative case management with registered school and families

Curriculum:

- Edexcel GCSE Maths
- AQA GCSE English Language
- AQA GCSE English Literature
- AQA GCSE Biology
- Students can study up to an additional two GCSEs if appropriate
- Personal Development Lessons
- Careers Lessons
- Independent/supported study
- Online certificated CPD courses
- Social / Leisure Activities

Personalised Development

- 1-1 support and strategy development
- Small group work if appropriate
- Personal Tutor for Check-ins daily
- Student Support Manager support
- Creative and group activities to support social development
- Access to the “R and R Room” to enable rest, re-energize, refocus and return to learning
- Careers support by an external careers consultant