

Online Support Services

KENT RESILIENCE HUB

[Kentresiliencehub.org.uk](https://www.kentresiliencehub.org.uk)

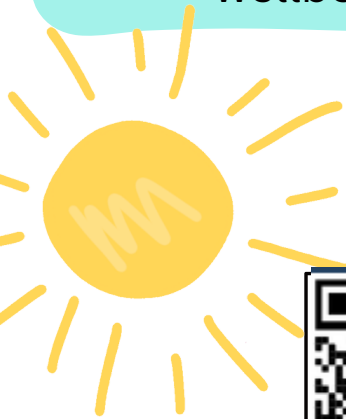
A resource that helps young people, parents and carers, staff and practitioners to understand emotional wellbeing and resilience.



SEND INFORMATION HUB

www.kent.gov.uk/education-andchildren/special-educational-needs

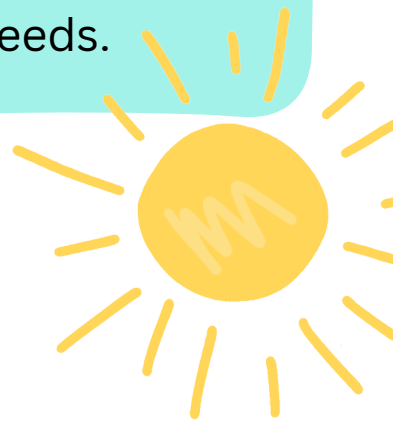
Guidance and support for parents of children with special educational needs.



MIND ED

<https://www.minded.org.uk/>

Free educational resource to support children, young people and adults with mental health.



AUTISM EDUCATION TRUST

www.autismeducationtrust.org.uk

Resources and support for parents and schools for children and young people with autism.



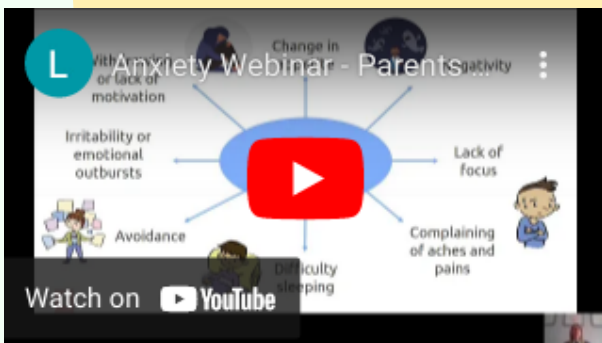
Information and support for parents and school staff on managing anxiety

(Developed by Kent Educational Psychology Service (KEPS), the PRU, Inclusion and Attendance Service (PIAS) and Early Help.)

Parent and Carer Recorded Webinar:

1

<https://youtu.be/SY4Nu48OVrE>



School Staff Recorded Webinar:

2

<https://youtu.be/YsG0uM7fGmk>

